



Cardiac Arrest Survivor Support Group

Are you a Cardiac Arrest Survivor or a family member, caregiver, or significant other of someone recovering from a cardiac arrest? If so, and you are interested in networking with and sharing with others experiencing the same, please join our support group.

This support group is an opportunity for you to find support and network with others who share similar experiences. The meetings will offer open and confidential discussions, as well as guest speakers on topics related to cardiac arrest survival and recovery.

Second Tuesday of each month

7:00-8:30 pm

Richmond Ambulance Authority

2400 Hermitage Road

Richmond, VA 23220

****Meetings are subject to change or cancellation, if you are interested in attending a Support Group meeting or would like more information regarding the meetings, please contact:**

Michelle Gossip at 804-628-0574 or

michelle.gossip@vcuhealth.org

To succeed...you need to find something to hold on to, something to motivate you, something to inspire you.

-Tony Dorsett